

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag Categorie	Wedstrijd duur	Opmerking
Klement	Ilse	DB	ASO	5130	01:57.0	1	20:00.0	
Hees	Nina van	DB	EUR	4824	02:05.0	2	20:00.0	
Brockherde	Anne	DB	EUR	4809	02:05.0	3	20:00.0	
Brandsma	Elsbeth	DB	EUR	4723	02:08.0	4	20:00.0	
Ploeg	Amy van der	DB	ASO	4721	02:08.0	5	20:00.0	
Günnigmann	Laura	DB	EUR	4411	02:17.0	6	20:00.0	
Waldhauer	Nina	DCI	HOO	4680	02:09.0	1	20:00.0	
Thompson	Elizabeth	DCI	HOO	4481	02:14.0	2	20:00.0	
Kuijpers	Liselotte	DSA	SKA	5264	01:54.0	1	20:00.0	
Linden	Sarah van der	DSA	SKA	5072	01:59.0	2	20:00.0	
Nijhoff	Mariette	DSB	SKA	5040	02:00.0	1	20:00.0	
Reinders	Maaïke	DV30+	AMS	4981	02:01.0	1	20:00.0	
Heitkamp	Anke	DV30+	AMS	4955	02:02.0	2	20:00.0	
Kooi	Rianneke vd	DV30+	AMS	4687	02:09.0	3	20:00.0	
Zwart	Liesbeth	DV30+	AMS	4685	02:09.0	4	20:00.0	
Hove	Lotte ten	DV30+	AMS	4673	02:09.0	5	20:00.0	
Pol	Kiki vd	DV30+	AMS	4645	02:10.0	6	20:00.0	
Bostelaar	David	HCI	NON	5953	01:41.0	1	20:00.0	Record
Perk	Luitze	HCI	WEE	5575	01:48.0	2	20:00.0	
Brinkman	Gert	HCI	SKO	5563	01:48.0	3	20:00.0	
Overkamp	Arthur	HCI	WEE	5290	01:54.0	4	20:00.0	
Staveren	Michel van	HCI	WEE	5236	01:55.0	5	20:00.0	
Vlugt	Peter	HCI	AMS	DNF	DNF	DNF	20:00.0	
Wichers	Sander	HSA	OKE	6103	01:39.0	1	20:00.0	
Ardesch	Mathijs	HSA	OKE	DNS	DNS	DNS	20:00.0	
Kemps	Glen	HSB	PHO	5772	01:44.0	1	20:00.0	
Büller	Bas	HSB	SPA	5725	01:45.0	2	20:00.0	
Ekema	Daan	HSB	WEE	5072	01:59.0	3	20:00.0	
Schornagel	Maurits	HV30+	WIL	6034	01:40.0	1	20:00.0	Record
Thije	Rene ten	HV30+	EUR	5943	01:41.0	2	20:00.0	
Zwaan	Sieuwert de	HV30+	KNZ	5770	01:44.0	3	20:00.0	
Hudig	Diederik	HV30+	KNZ	5439	01:51.0	4	20:00.0	
Koster	Adriaan	HV30+	AMS	5424	01:51.0	5	20:00.0	
Agterhof	Wessel	HV30+	AMS	5388	01:52.0	6	20:00.0	
Dam	Paul van	HV30+	AMS	5285	01:54.0	7	20:00.0	
Gerdes	Sander	HV40+	ZWO	5880	01:43.0	1	20:00.0	
Strieker	Henry	HV40+	NON	5825	01:44.0	2	20:00.0	
Dok	Cees van	HV40+	MDR	5759	01:45.0	3	20:00.0	
Hamon	Stéphane	HV40+	LAA	5651	01:47.0	4	20:00.0	
Naaktgeboren	Hans	HV40+	DIE	5608	01:47.0	5	20:00.0	
Visser	Sijmen	HV40+	WIL	5575	01:48.0	6	20:00.0	
Marchegiani	Tomaso Pietro	HV40+	ITA	5504	01:50.0	7	20:00.0	
Kooy	Rob	HV40+	NON	5464	01:50.0	8	20:00.0	
Aalbersberg	Arnoud	HV40+	WIL	5243	01:55.0	9	20:00.0	
Schaijk	Leon van	HV40+	AMS	5153	01:57.0	10	20:00.0	
Ruhmann	Victor	HV40+	NON	5074	01:59.0	11	20:00.0	
Scholtens	Hans	HV40+	NON	4898	02:03.0	12	20:00.0	
Goes	Ralph	HV50+	NON	5793	01:44.0	1	20:00.0	
Rijnders	Carel	HV50+	ALP	5687	01:46.0	2	20:00.0	
Haan	Johan de	HV50+	AMS	5500	01:50.0	3	20:00.0	
Vervloet	Marcel	HV50+	RIC	5402	01:52.0	4	20:00.0	
Jaspers	Geert-Jan	HV50+	AMS	5275	01:54.0	5	20:00.0	
Ambergen	Willie	HV50+	VIK	5190	01:56.0	6	20:00.0	

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag Categorie	Wedstrijd duur	Opmerking
Steggerda	Marcel	HV50+	AMS	5106	01:58.0	7	20:00.0	
Vandam	Perry	HV50+	NON	5062	01:59.0	8	20:00.0	
Hilhorst	Andre	HV50+	NON	5051	01:59.0	9	20:00.0	
Romano	Marco	HV50+	AMS	4804	02:05.0	10	20:00.0	
Mierlo	Frans van	HV60+	RIC	5559	01:48.0	1	20:00.0	Record
Wijers	Jan-Hein	HV60+	WIL	5446	01:51.0	2	20:00.0	
Weert	Paul De	HV60+	BEL	5441	01:51.0	3	20:00.0	
Alfonzetti	Antonio	HV60+	ITA	5424	01:51.0	4	20:00.0	
Jonkers	Hans	HV60+	AMS	5402	01:52.0	5	20:00.0	
Veldhuis	Aljo	HV60+	AMS	5327	01:53.0	6	20:00.0	
Bernard	Jan	HV60+	MAA	5226	01:55.0	7	20:00.0	
Vlugt	Jaap	HV60+	AMS	5127	01:58.0	8	20:00.0	
Muda	Rob	HV60+	AMS	5103	01:58.0	9	20:00.0	
Poulie	Michiel	HV60+	TRO	5013	02:00.0	10	20:00.0	
Oyen	Michiel	J16	LEY	5628	01:47.0	1	20:00.0	
Scholten	Jaap	J16	SPA	5513	01:49.0	2	20:00.0	
Buis	Mark	J16	SPA	5493	01:50.0	3	20:00.0	
Lammers	Piet	J16	HUN	5482	01:50.0	4	20:00.0	
Jong	Mick de	J16	ROO	5395	01:52.0	5	20:00.0	
Nieuwelaar	Ludo vd	J16	ROO	5371	01:52.0	6	20:00.0	
Jaarsma	Bram	J16	TRO	5347	01:53.0	7	20:00.0	
Feldbrugge	Roelant	J16	TRO	5335	01:53.0	8	20:00.0	
Moerkamp	Jelte	J16	HOO	5293	01:54.0	9	20:00.0	
Booij	Maurice	J16	WEE	5266	01:54.0	10	20:00.0	
Mulder	Thomas	J16	HOO	5256	01:55.0	11	20:00.0	
Moerman	Michiel	J16	RIC	5225	01:55.0	12	20:00.0	
Eigenberg	Damion	J16	NEP	5191	01:56.0	13	20:00.0	
Pragt	Lukas	J16	TRO	5158	01:57.0	14	20:00.0	
Muinck Keizer	Willem de	J16	SAL	5127	01:58.0	15	20:00.0	
Rietbergen	Joost van	J16	SPA	5119	01:58.0	16	20:00.0	
Theunissen	Charley	J16	ROO	5100	01:58.0	17	20:00.0	
Helbing	Adam	J16	MAA	5062	01:59.0	18	20:00.0	
Hoogeveen	Djurre	J16	SPA	5033	02:00.0	19	20:00.0	
Koopman	Martijn	J16	AMS	5026	02:00.0	20	20:00.0	
Taselaar	Pieter Michael	J16	MAA	5021	02:00.0	21	20:00.0	
Broekman	Sam	J16	PAM	5009	02:00.0	22	20:00.0	
Schulte	Wouter	J16	SPA	4970	02:01.0	23	20:00.0	
Ram	Steven	J16	SPA	4906	02:03.0	24	20:00.0	
Bruijn	Ramses de	J16	SPA	4817	02:05.0	25	20:00.0	
Weits	Jeroen	J16	TRO	4742	02:07.0	26	20:00.0	
Eldonk	Max van	J16	HOO	4741	02:07.0	27	20:00.0	
Zeinstra	Senne	J16	RIC	4717	02:08.0	28	20:00.0	
Spaans	Rick	J16	TRO	4685	02:09.0	29	20:00.0	
Louwerse	Pieter	J16	HOO	4677	02:09.0	30	20:00.0	
Dijkstra	Haye	J16	TRO	4614	02:11.0	31	20:00.0	
Sillem	Albert	J16	HOO	4525	02:13.0	32	20:00.0	
Karthaus	Jaïr	J16 Comp	AMS	2671	01:53.0	1	10:00.0	Record
Löben Sels	Carel van	J16 Comp	AMS	2654	01:54.0	2	10:00.0	
Cnossen	Jelmer	J16 Comp	OSS	2548	01:58.0	3	10:00.0	
Duijkeren	Tibor van	J16 Comp	AMS	2502	02:00.0	4	10:00.0	
Cnossen	Sjoerd	J16 Comp	OSS	2501	02:00.0	5	10:00.0	
Donker	Patrick	J16 Comp	SAL	2500	02:00.0	6	10:00.0	
Andringa	Gijs	J16 Comp	AMS	2461	02:02.0	7	10:00.0	

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag Categorie	Wedstrijd duur	Opmerking
Donker	Jannick	J16 Comp	SAL	2458	02:03.0	8	10:00.0	
Ceballos Arias	Lars	J16 Comp	AMS	2383	02:06.0	9	10:00.0	
Boon	Jan	J16 Comp	OSS	2262	02:13.0	10	10:00.0	
Kleef	Mees van	J16 Comp	SPA	2244	02:14.0	11	10:00.0	
Heidweiller	Job	J18	SPA	5937	01:42.0	1	20:00.0	
Keijser	Amos	J18	LAA	5882	01:43.0	2	20:00.0	
Sprang	Niki van	J18	PAM	5862	01:43.0	3	20:00.0	
Kuyt	Conno	J18	LAA	5822	01:44.0	4	20:00.0	
Campen	Victor van	J18	JAS	5748	01:45.0	5	20:00.0	
Moerman	Steven	J18	RIC	5685	01:46.0	6	20:00.0	
Wit	Jeroen de	J18	BEA	5682	01:46.0	7	20:00.0	
Huisman	Kars	J18	SPA	5646	01:47.0	8	20:00.0	
Bonninghausen	Floris Von	J18	SPA	5616	01:47.0	9	20:00.0	
Faas	Joris	J18	BRE	5589	01:48.0	10	20:00.0	
Collette	Bastiaan	J18	AMS	5542	01:49.0	11	20:00.0	
Claerbout	Brinio	J18	SPA	5538	01:49.0	12	20:00.0	
Huigsloot	Job	J18	RIC	5522	01:49.0	13	20:00.0	
Soff	David	J18	SPA	5508	01:49.0	14	20:00.0	
Fredrikze	Ingmar	J18	SPA	5486	01:50.0	15	20:00.0	
Lierop	Lennart van	J18	DDS	5478	01:50.0	16	20:00.0	
Klomp	Daan	J18	TOR	5474	01:50.0	17	20:00.0	
Ram	Daan	J18	SPA	5469	01:50.0	18	20:00.0	
Bokdam	Abel	J18	TRO	5410	01:51.0	19	20:00.0	
Boumans	Thijs	J18	DDS	5406	01:51.0	20	20:00.0	
Langerak	Thomas	J18	VIK	5397	01:52.0	21	20:00.0	
Rooijackers	David	J18	DDS	5392	01:52.0	22	20:00.0	
Visser	Sybren	J18	DAV	5382	01:52.0	23	20:00.0	
Beenhakker	Sam	J18	BRE	5358	01:52.0	24	20:00.0	
Broekman	Guus	J18	PAM	5314	01:53.0	25	20:00.0	
Mortier	Berend	J18	HOO	5299	01:54.0	26	20:00.0	
Endt	Just van der	J18	SPA	5297	01:54.0	27	20:00.0	
Heuvelink	Joost	J18	TRO	5284	01:54.0	28	20:00.0	
Tang	Yanghang	J18	HUN	5283	01:54.0	29	20:00.0	
Vlastuin	Martijn	J18	TRO	5237	01:55.0	30	20:00.0	
Schuit	Tom	J18	AMS	5211	01:56.0	31	20:00.0	
Hogenbirk	Jesper	J18	SAL	5152	01:57.0	32	20:00.0	
Bree	Cas van	J18	TRO	5108	01:58.0	33	20:00.0	
Penning de Vries	Tom	J18	TRO	5086	01:58.0	34	20:00.0	
Berg	Daniël van de	J18	SPA	5082	01:59.0	35	20:00.0	
Klop	Maarten	J18	PAM	5025	02:00.0	36	20:00.0	
Dierendonck	Bram van	J18	SPA	5008	02:00.0	37	20:00.0	
Giezen	Thomas van	J18	SPA	4944	02:02.0	38	20:00.0	
Stijnman	Folkert	J18	SPA	4893	02:03.0	39	20:00.0	
Essen	Sebastiaan van	J18	WEE	4862	02:04.0	40	20:00.0	
Kraanen	Isaac	J18 Comp	SPA	2665	01:53.0	1	10:00.0	Record
Jong	Quirijn de	J18 Comp	SPA	2578	01:57.0	2	10:00.0	
Nat	Tsjip van der	J18 Comp	AMS	2543	01:58.0	3	10:00.0	
Omtrak	Emrulla	J18 Comp	NON	2491	02:01.0	4	10:00.0	
Frencken	Wart	J18 Comp	NON	2039	02:28.0	5	10:00.0	
Dekker	Rianne	LDSA	THE	5257	01:55.0	1	20:00.0	
Mirandolle	Marleen	LDV30+	POS	4761	02:07.0	1	20:00.0	Record
Di Iori	Angela	LDV30+	ITA	4701	02:08.0	2	20:00.0	
Geerts	Renate	LDV30+	ZZV	4197	02:23.0	3	20:00.0	

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag Categorie	Wedstrijd duur	Opmerking
Zeinstra	Paulien	LDV40+	RIC	5023	02:00.0	1	20:00.0	Record LDV
Bavelaar-Croon	Carine	LDV40+	NON	4355	02:18.0	2	20:00.0	
Rottier	Mark	LHSA	OKE	5783	01:44.0	1	20:00.0	
Kraak	Robin	LHSB	OKE	5740	01:45.0	1	20:00.0	Record
Klaver	Alexander	LHSB	OKE	5701	01:46.0	2	20:00.0	
Roks	G.M.	LHSB	LAG	5567	01:48.0	3	20:00.0	
Groeneveld	Jan-Willem	LHSB	PRO	DNF	DNF	DNF	20:00.0	
Broek	Tom van den	LHV30+	LEY	5678	01:46.0	1	20:00.0	Record
Arnold	Johan	LHV30+	AMS	5670	01:46.0	2	20:00.0	
Kok	Anders	LHV30+	AMS	5357	01:53.0	3	20:00.0	
Meijer	Alexander	LHV30+	RIC	5073	01:59.0	4	20:00.0	
Bavelaar	Taco	LHV40+	LAA	5621	01:47.0	1	20:00.0	
Nijs	Huub	LHV40+	LEY	5525	01:49.0	2	20:00.0	
Bruggen	Gerard van	LHV40+	VIK	5480	01:50.0	3	20:00.0	
Hoeke	Johan	LHV40+	NON	5242	01:55.0	4	20:00.0	
Maniscalco	Fabrizio	LHV40+	ITA	DNS	DNS	DNS	20:00.0	
Steen	Frans van der	LHV50+	AEW	5641	01:47.0	1	20:00.0	
Kraak	Erik	LHV50+	AMS	5382	01:52.0	2	20:00.0	
Zurbier	Jan	LHV50+	WIL	5246	01:55.0	3	20:00.0	
Christiaans	Roel	LHV50+	RYM	5110	01:58.0	4	20:00.0	
Boers	Theo	LHV60+	VAD	4947	02:02.0	5	20:00.0	
Kolman	Agmaja	LTAD	BRE	4117	02:26.0	1	20:00.0	Record
Geuzebroek	David	LTAH	RIC	5483	01:50.0	1	20:00.0	Record
Frericks	Jorden	LTAH	VIK	5211	01:56.0	2	20:00.0	
Schonk	Anne-Marie	M16	MAA	4937	02:02.0	1	20:00.0	
Meester	Veronique	M16	TRO	4812	02:05.0	2	20:00.0	
Visser	Miriam	M16	VIK	4784	02:06.0	3	20:00.0	
Verkuil	Loes	M16	TRO	4695	02:08.0	4	20:00.0	
Middelkoop	Cerianne van	M16	TRO	4669	02:09.0	5	20:00.0	
Leemrijse	Jitske	M16	VIK	4618	02:10.0	6	20:00.0	
Braat	Sanne	M16	VIK	4607	02:11.0	7	20:00.0	
Bruchem	Syta van	M16	TRO	4462	02:15.0	8	20:00.0	
Kenemans	Mus	M16	TRO	4381	02:17.0	9	20:00.0	
Stegeman	Anne	M16	TRO	4304	02:20.0	10	20:00.0	
Geurs	Julia	M16	TRO	4221	02:23.0	11	20:00.0	
Tak	Willemijn	M16	TRO	4089	02:27.0	12	20:00.0	
Lanz	Kirsten	M18	ZWO	5255	01:55.0	1	20:00.0	
Fischer	Anne	M18	HOO	5252	01:55.0	2	20:00.0	
Niehe	Merle	M18	SPA	5090	01:58.0	3	20:00.0	
Ditshuizen	Lotte van	M18	BEA	5053	01:59.0	4	20:00.0	
Groot	Charlotte de	M18	TRO	5035	02:00.0	5	20:00.0	
Erkelens	Suzanne	M18	LAA	5030	02:00.0	6	20:00.0	
Christen	Donna	M18	LEY	4957	02:02.0	7	20:00.0	
Haaster	Tessa van	M18	SPA	4946	02:02.0	8	20:00.0	
Kommer	Else	M18	LAA	4841	02:04.0	9	20:00.0	
Essen	Caitlin van	M18	TRO	4774	02:06.0	10	20:00.0	
Meel	Robin van der	M18	LAA	4771	02:06.0	11	20:00.0	
Passchier	Jet	M18	HEM	4765	02:06.0	12	20:00.0	
Hendriks	Nina	M18	LAA	4755	02:07.0	13	20:00.0	
Brinkman	Rieke	M18	ARC	4724	02:08.0	14	20:00.0	
Ouwerkerk	Emma	M18	RIC	4702	02:08.0	15	20:00.0	
Rijst	Ashley	M18	WEE	4683	02:09.0	16	20:00.0	
Ottens	Claartje	M18	AMS	4682	02:09.0	17	20:00.0	

WebUitslag2011

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag Categorie	Wedstrijd duur	Opmerking
Zaal	Joëlle	M18	AMS	4624	02:10.0	18	20:00.0	
Verheij	Rosa	M18	AMS	4618	02:10.0	19	20:00.0	
Nieuwenhuis	Rosalie	M18	LAA	4587	02:11.0	20	20:00.0	
Gros	Elske	M18	VIK	4433	02:16.0	21	20:00.0	
Arntzen	Vera	M18	RIC	4359	02:18.0	22	20:00.0	
Paulis	Bente	M18 Comp	SAL	2557	01:58.0	1	10:00.0	Record
Veenhoven	Maxime	M18 Comp	NON	2305	02:11.0	2	10:00.0	
Altena	Evelien van	M18 Comp	AMS	2162	02:19.0	3	10:00.0	
Covers	Marijn	M18 Comp	NON	2098	02:23.0	4	10:00.0	