

WebUitslag2009

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag	Wedstrijd duur	Opmerking
Sanders	Diederik	Comp J18	Alkmaarsc	2581	01:57.0	1	10:00.0	
Schlager	Sam	Comp J18	Alkmaarsc	2151	02:20.0	2	10:00.0	
Boomaard	Rosalie	Comp M16	Alkmaarsc	2247	02:14.0	1	10:00.0	
Gelder	Mirthe van	Comp M16	De Laak	2190	02:17.0	2	10:00.0	
Caspers	Isabell	Comp M16	Alkmaarsc	2023	02:29.0	3	10:00.0	
Varik	Annelie va	Comp M18	De Laak	2370	02:07.0	1	10:00.0	
Esmeijer	Nina	Comp M18	De Laak	2279	02:12.0	2	10:00.0	
Teeven	Kelly	DB	Okeanos	5189	01:56.0	1	20:00.0	
Balke	Mirte	DB	Okeanos3	5073	01:59.0	2	20:00.0	
Barkman	Barbara	DB	Okeanos3	5019	02:00.0	3	20:00.0	
Buggenum	Hannah va	DB	Okeanos3	4939	02:02.0	4	20:00.0	
Cuijpers	Cuny	DB	Okeanos3	4917	02:03.0	5	20:00.0	
Burgering	Merel	DB	Okeanos3	4915	02:03.0	6	20:00.0	
Herberg	Martine va	DB	Okeanos3	4823	02:05.0	7	20:00.0	
Dol	Tamara	DB	Boreas	4779	02:06.0	8	20:00.0	
Boer	Sanne de	DB	Weesp	4715	02:08.0	9	20:00.0	
Trap	Tessa	DB	Okeanos3	4704	02:08.0	10	20:00.0	
Dobbe	Nicoline	DB	Boreas	4645	02:10.0	11	20:00.0	
Bon	Wieneke	DB	Boreas	4377	02:18.0	12	20:00.0	
Bouter	Kristien	DCL1x	Triton1	4775	02:06.0	1	20:00.0	
Hove	Lotte ten	DCL1x	De Amstel	4738	02:07.0	2	20:00.0	
Berg	Ymke van	DCL1x	De Amstel	4702	02:08.0	3	20:00.0	
Hulshof	Floor	DCL1x	Triton1	4637	02:10.0	4	20:00.0	
Zwart	Liesbeth	DCL1x	De Amstel	4604	02:11.0	5	20:00.0	
Vleugels	Sophie	DCL1x	Triton1	4555	02:12.0	6	20:00.0	
Nunen	Evelien va	DCL1x	Triton2	4542	02:13.0	7	20:00.0	
Leeuw	Liselotte d	DCL1x	Triton2	4487	02:14.0	8	20:00.0	
Rikken	Ninah	DCL1x	Triton2	4463	02:15.0	9	20:00.0	
Reul	Valerie	DCL1x	Triton1	4427	02:16.0	10	20:00.0	
Karsten	Elleni	DCL1x	De Amstel	4339	02:19.0	11	20:00.0	
Uytenhove	Philipine v	DCL1x	Triton2	4244	02:22.0	12	20:00.0	
Treutlein	Daniela	DCL1x	De Amstel	4068	02:28.0	13	20:00.0	
Jansen	Kathelijne	DCL1x	Beatrix	4059	02:28.0	14	20:00.0	
Dobben de E	Jenny van	DSA	Nereus	5558	01:48.0	1	20:00.0	
Achterberg	Chantal	DSA	Proteus-Er	5453	01:51.0	2	20:00.0	
Groot	Sytske de	DSA	Proteus-Er	5399	01:52.0	3	20:00.0	
Bouw	Carline	DSA	Skøll	5395	01:52.0	4	20:00.0	
Veen	Jose van	DSA	Pelargos	5335	01:53.0	5	20:00.0	
Visser	Elize	DSA	Nereus	5326	01:53.0	6	20:00.0	
Groen	Nienke	DSA	Gyas	5240	01:55.0	7	20:00.0	
Hogerwerf	Ellen	DSA	Proteus-Er	5233	01:55.0	8	20:00.0	
Hooijman	Pleuni	DSA	Nereus	5222	01:55.0	9	20:00.0	
Langeslag	Michelle	DSA	Aegir	5202	01:56.0	10	20:00.0	
Kooij	Kristel	DSA	Okeanos	5181	01:56.0	11	20:00.0	
Droog	Lieke	DSA	Beatrix	4949	02:02.0	12	20:00.0	
Afoichini	Anna	DSA	Proteus-Er	3943	02:33.0	13	20:00.0	
Oude Elferin	Nikki	DSA	Proteus-Er	3402	02:57.0	14	20:00.0	
Veenhoven	Jacobine	DSA	Njord	2519	03:59.0	15	20:00.0	
Weimar	Emily	DSB	Vidar	5226	01:55.0	1	20:00.0	
Roell	Charlotte	DSB	Asopos de	5197	01:56.0	2	20:00.0	
Wout	Emily van	DSB	Asopos de	5076	01:59.0	3	20:00.0	
Visser	Hanna	DSB	Asopos de	5044	01:59.0	4	20:00.0	
Barge	Maartje te	DSB	Asopos de	5000	02:00.0	5	20:00.0	

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag	Wedstrijd duur	Opmerking
Zeinstra	Paulien	DV30+	RIC	5019	02:00.0	1	20:00.0	
Reijnders	Maaike	DV30+	De Amstel	4954	02:02.0	2	20:00.0	
Galen	Karin van	DV30+	De Amstel	4855	02:04.0	3	20:00.0	
Korteweg	Colette	DV30+	De Amstel	4759	02:07.0	4	20:00.0	
Haaren	Petra van	DV30+	FIT SCOR	4650	02:10.0	5	20:00.0	
Thevenot	Caroline	DV30+	UFAS	4177	02:24.0	6	20:00.0	
Ras	Liesbeth	DV40+	Willem III	5294	01:54.0	1	20:00.0	
Russell	Anneloes	DV40+	De Amstel	4951	02:02.0	2	20:00.0	
Rinkema	Marieke	DV40+	De Amstel	4898	02:03.0	3	20:00.0	
Verrips	Ank	DV40+	Hemus	4590	02:11.0	4	20:00.0	
Treffers	Mirjam	DV40+	Beatrix	4529	02:13.0	5	20:00.0	
Kroes	Bart	HB	Okeanos1	5808	01:44.0	1	20:00.0	
Leerink	Gert-Jan	HB	Okeanos1	5710	01:46.0	2	20:00.0	
Holzmann	Folkert	HB	Okeanos1	5671	01:46.0	3	20:00.0	
Strampel	Ger	HB	Okeanos1	5648	01:47.0	4	20:00.0	
Perk	Luitze	HB	Weesp	5613	01:47.0	5	20:00.0	
Heemskerck	Bart	HB	Okeanos1	5587	01:48.0	6	20:00.0	
Versteeg	Martijn	HB	Triton	5540	01:49.0	7	20:00.0	
Ruifrok	Mark	HB	Okeanos1	5534	01:49.0	8	20:00.0	
Noortwijk	Jeffrey van	HB	Okeanos1	5473	01:50.0	9	20:00.0	
Klompmaker	Ruben	HCL1x	Willem III	5736	01:45.0	1	20:00.0	
Kraak	Jeroen	HCL1x	De Amstel	5630	01:47.0	2	20:00.0	
Merkus	Joren	HCL1x	Pelargos	5560	01:48.0	3	20:00.0	
Bezaan	Okke	HCL1x	De Amstel	5193	01:56.0	4	20:00.0	
Kuiper	David	HSA	Skadi	6223	01:37.0	1	20:00.0	
Haen	Roel	HSA	Skadi	6167	01:38.0	2	20:00.0	
Kraaij	Teun	HSA	Okeanos	6113	01:39.0	3	20:00.0	
Hout	Jochem van	HSA	Argo	6109	01:39.0	4	20:00.0	
Hendriks	Kaj	HSA	Triton	6098	01:39.0	5	20:00.0	
Sinkeler	Anne	HSA	Aegir	6095	01:39.0	6	20:00.0	
Eefting	Harmen	HSA	Njord	6091	01:39.0	7	20:00.0	
Bosgoed	Thijs	HSA	Okeanos	6073	01:39.0	8	20:00.0	
Veen	Derk van	HSA	Proteus-Er	5889	01:42.0	9	20:00.0	
Parlevliet	Jan	HSA	Non Roeie	5878	01:43.0	10	20:00.0	
Kars	Pieter	HSA	Vidar	5862	01:43.0	11	20:00.0	
Christen	Tim	HSA	Njord	5838	01:43.0	12	20:00.0	
Laven	Joost	HSA	Proteus-Er	5715	01:45.0	13	20:00.0	
Bekerom	Wouter van	HSA	Proteus-Er	5701	01:46.0	14	20:00.0	
Lubbers	Reinder	HSA	Aegir	4951	02:02.0	15	20:00.0	
Ruiten	Schelte van	HSA	Willem III	4448	02:15.0	16	20:00.0	
Keeken	Robin van	HSA	Njord	2614	03:50.0	17	20:00.0	
Plagmeijer	Sjoerd	HV30+	Free Spirit	5952	01:41.0	1	20:00.0	
Thije	Rene ten	HV30+	Cornelis Ti	5897	01:42.0	2	20:00.0	
Goedegebur	Floris	HV30+	Cornelis Ti	5816	01:44.0	3	20:00.0	
Soet	Arjen	HV30+	NON Roeie	5761	01:45.0	4	20:00.0	
Knopper	Bjorn	HV30+	Viking	5753	01:45.0	5	20:00.0	
Vermeulen	Koen	HV30+	Nautilus	5722	01:45.0	6	20:00.0	
Sluis-Thiesc	Wouter	HV30+	Cornelis Ti	5721	01:45.0	7	20:00.0	
Schornagel	Maurits	HV30+	Willem III	5682	01:46.0	8	20:00.0	
Ham	Waldemar	HV30+	NON Roeie	5679	01:46.0	9	20:00.0	
Altorf	Bas	HV30+	Cornelis Ti	5639	01:47.0	10	20:00.0	
Streefkerk	Jan-Willen	HV30+	Cornelis Ti	5638	01:47.0	11	20:00.0	
Aalberts	Jørn	HV30+	Cornelis Ti	5577	01:48.0	12	20:00.0	

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag	Wedstrijd duur	Opmerking
Beer	Jean-Paul	HV30+	De Amstel	5524	01:49.0	13	20:00.0	
Loo	Erik van d	HV30+	Cornelis T	5472	01:50.0	14	20:00.0	
Koster	Adriaan	HV30+	De Amstel	5443	01:51.0	15	20:00.0	
Harrewijne	Jeroen	HV30+	Nautilus	5420	01:51.0	16	20:00.0	
Dam	Paul van	HV30+	De Amstel	5274	01:54.0	17	20:00.0	
Veen	Bas van	HV30+	Weesp	5236	01:55.0	18	20:00.0	
Brouwer	Sjoerd	HV40+	ARC	5955	01:41.0	1	20:00.0	
Veldhuis	Jan Willen	HV40+	Amycus	5799	01:44.0	2	20:00.0	
Strieker	Henry	HV40+	Form Flyer	5792	01:44.0	3	20:00.0	
La Placa	Bruno	HV40+	E.R.G. Tea	5618	01:47.0	4	20:00.0	
Naaktgebore	Hans	HV40+	't Diep	5568	01:48.0	5	20:00.0	
Pels	Wilko	HV40+	RIC	5527	01:49.0	6	20:00.0	
Haan	Johan de	HV40+	De Amstel	5463	01:50.0	7	20:00.0	
Braaksma	Rob	HV40+	Amycus	5263	01:55.0	8	20:00.0	
Overkamp	Arthur	HV40+	Weesp	5247	01:55.0	9	20:00.0	
Haaren	Rob van	HV40+	FIT SCOR	5241	01:55.0	10	20:00.0	
Staverden	Michel var	HV40+	Weesp	5222	01:55.0	11	20:00.0	
Schaijk	Leon van	HV40+	De Amstel	5148	01:57.0	12	20:00.0	
Aalbersberg	Arnoud	HV40+	Willem III	5089	01:58.0	13	20:00.0	
Vermeulen	Henk	HV40+	FIT SCOR	5035	02:00.0	14	20:00.0	
Romano	Marco	HV40+	De Amstel	4871	02:04.0	15	20:00.0	
Belle	Evert van	HV40+	FIT SCOR	4526	02:13.0	16	20:00.0	
Bielderman	Johan	HV50+	Breda	5546	01:49.0	1	20:00.0	
Jonkers	Hans	HV50+	De Amstel	5497	01:50.0	2	20:00.0	
Veldhuis	Aljo	HV50+	De Amstel	5365	01:52.0	3	20:00.0	
Muda	Rob	HV50+	De Amstel	5126	01:58.0	4	20:00.0	
Zalmstra	Tom	HV50+	Dutch Row	5106	01:58.0	5	20:00.0	
Noordhoek	Art	HV50+	De Amstel	4889	02:03.0	6	20:00.0	
Wijers	Jan Hein	HV60+	Willem III	5319	01:53.0	1	20:00.0	
Oostrom	Hans van	HV60+	Willem III	5190	01:56.0	2	20:00.0	
Vlugt	Jaap	HV60+	De Amstel	5149	01:57.0	3	20:00.0	
Mulder	Wim	HV60+	FIT SCOR	4966	02:01.0	4	20:00.0	
Klep	Marcel	HV60+	De Maas	4944	02:02.0	5	20:00.0	
Hoekstra	Jan	HV70+	Willem III	4964	02:01.0	1	20:00.0	
Kuyt	Conno	J16	De Laak	5388	01:52.0	1	20:00.0	
Wit	Jeroen de	J16	Beatrix	5333	01:53.0	2	20:00.0	
Gennep	Jort van	J16	Breda	5311	01:53.0	3	20:00.0	
Ketting	Kees	J16	Pampus	5311	01:53.0	4	20:00.0	
Langerak	Thomas	J16	Viking	5276	01:54.0	5	20:00.0	
Inge	Tristan var	J16	Naarden	5238	01:55.0	6	20:00.0	
Lauriks	Tim	J16	De Hoop	5234	01:55.0	7	20:00.0	
Deursen	Hans van	J16	Alkmaarsc	5191	01:56.0	8	20:00.0	
Jaarsma	Bram	J16	Cornelis T	5026	02:00.0	9	20:00.0	
Ammerlaan	Thomas	J16	Alkmaarsc	4967	02:01.0	10	20:00.0	
Dales	Quinten	J16	Pampus	4965	02:01.0	11	20:00.0	
Kreuning	Jippe	J16	Alkmaarsc	4923	02:02.0	12	20:00.0	
Ebbing	Morris	J16	Alkmaarsc	4921	02:02.0	13	20:00.0	
Broekman	Guus	J16	Pampus	4909	02:03.0	14	20:00.0	
Vogelzang	Bart	J16	Naarden	4906	02:03.0	15	20:00.0	
Grundeman	Daan	J16	Naarden	4854	02:04.0	16	20:00.0	
Bruggeman	Jan Willen	J16	Cornelis T	4828	02:05.0	17	20:00.0	
Booij	Maurice	J16	Weesp	4764	02:06.0	18	20:00.0	
Muurlink	Pedram	J16	Pampus	4761	02:07.0	19	20:00.0	

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag	Wedstrijd duur	Opmerking
Sman	Patrick	J16	Pampus	4751	02:07.0	20	20:00.0	
Fennis	Aiko	J16	Cornelis T	4740	02:07.0	21	20:00.0	
Boersma	Bart	J16	Breda	4721	02:08.0	22	20:00.0	
Faas	Joris	J16	Breda	4708	02:08.0	23	20:00.0	
Buitink	Joost	J16	Pampus	4497	02:14.0	24	20:00.0	
Bakhuys	Kasper	J16	Alkmaarsc	4460	02:15.0	25	20:00.0	
Houtsma	Ramon	J16	Cornelis T	4418	02:16.0	26	20:00.0	
Essen	Sebastiaan	J16	Weesp	4391	02:17.0	27	20:00.0	
Ewijk	Elmer van	J18	Gouda	5558	01:48.0	1	20:00.0	
Es	Bart van	J18	Viking	5516	01:49.0	2	20:00.0	
Verheul	Robert	J18	Naarden	5500	01:50.0	3	20:00.0	
Kreiken	Donald	J18	Cornelis T	5465	01:50.0	4	20:00.0	
Griffioen	Maarten	J18	De Amstel	5426	01:51.0	5	20:00.0	
Klein Holte	Jeroen	J18	Cornelis T	5415	01:51.0	6	20:00.0	
Roeken	Axel	J18	Naarden	5406	01:51.0	7	20:00.0	
Becker	Elmar	J18	De Amstel	5342	01:53.0	8	20:00.0	
Boekling	Thijmen	J18	De Hoop	5316	01:53.0	9	20:00.0	
Hautvast	Chester	J18	Weesp	5289	01:54.0	10	20:00.0	
Russell	Kevin	J18	Alkmaarsc	5219	01:55.0	11	20:00.0	
Vrijlandt Sch	Daan	J18	De Laak	5174	01:56.0	12	20:00.0	
Kunst	Jelle	J18	Alkmaarsc	5118	01:58.0	13	20:00.0	
Milhim	Akram	J18	De Hoop	5110	01:58.0	14	20:00.0	
Bout	Niels	J18	Cornelis T	4854	02:04.0	15	20:00.0	
Ekema	Daan	J18	Weesp	4750	02:07.0	16	20:00.0	
Alliquander	Anna	LDSA	Hongarije	5415	01:51.0	1	20:00.0	
Hammond	Jo	LDSA	ARV	5367	01:52.0	2	20:00.0	
Head	Maaïke	LDSA	Skadi	5216	01:56.0	3	20:00.0	
Sigmond	Rianne	LDSA	Skadi	5076	01:59.0	4	20:00.0	
Frenken	Marie-Ann	LDSA	Njord	5047	01:59.0	5	20:00.0	
Verbeek	Dagmar	LDSA	Triton	5042	01:59.0	6	20:00.0	
Bus	Marten	LHB	Triton	5671	01:46.0	1	20:00.0	
Willems	Koen	LHB	Boreas	5417	01:51.0	2	20:00.0	
Rusche	Joost	LHB	Okeanos2	5400	01:52.0	3	20:00.0	
Huisman	Michiel	LHB	Okeanos2	5347	01:53.0	4	20:00.0	
Hardam	Tom	LHB	Okeanos2	5217	01:56.0	5	20:00.0	
Boon	Timo	LHB	Okeanos2	5104	01:58.0	6	20:00.0	
Bruhl	Cornel	LHB	Okeanos2	4028	02:29.0	7	20:00.0	
Varga	Tamas	LHSA1x	Hongarije	6041	01:40.0	1	20:00.0	
Lievens	Roeland	LHSA1x	Proteus-Er	5973	01:41.0	2	20:00.0	
Greidanus	Arnoud	LHSA1x	Proteus-Er	5917	01:42.0	3	20:00.0	
Arnold	Johan	LHSA1x	De Amstel	5821	01:44.0	4	20:00.0	
Drewes	Paul	LHSA1x	Gyas	5816	01:44.0	5	20:00.0	
Verwey	Stijn	LHSA1x	Orca	5815	01:44.0	6	20:00.0	
Groot	Reinoud d	LHSA1x	Triton	5811	01:44.0	7	20:00.0	
Schouten	Jaap	LHSA1x	Njord	5795	01:44.0	8	20:00.0	
Tromp	Maarten	LHSA1x	Skøll	5778	01:44.0	9	20:00.0	
Anker	Thom van	LHSA1x	Aegir	5736	01:45.0	10	20:00.0	
Rom Colthof	Pieter	LHSA1x	Skadi	5686	01:46.0	11	20:00.0	
Meijer	Menno	LHSB1x	Triton	5701	01:46.0	1	20:00.0	
Torensma	Roland	LHSB1x	Orca	5662	01:46.0	2	20:00.0	
Hingstman	Ide	LHSB1x	Viking	5579	01:48.0	3	20:00.0	
Kieft	Robert van	LHV30+	NON Roei	5595	01:48.0	1	20:00.0	
Verhallen	Sjoerd	LHV30+	De Amstel	5453	01:51.0	2	20:00.0	

Webuitslag2009

Achternaam	Voornaam	Categorie	Vereniging	Resultaat in meters	Gem. 500m	Uitslag	Wedstrijd duur	Opmerking
Arnold	Geo	LHV30+	De Amstel	5332	01:53.0	3	20:00.0	
Navarro	Jim	LHV30+	De Amstel	5225	01:55.0	4	20:00.0	
Kok	Anders	LHV30+	De Amstel	5200	01:56.0	5	20:00.0	
Juez-Larre	Joaquim	LHV30+	Weesp	5025	02:00.0	6	20:00.0	
Bavelaar	Taco	LHV40+	De Laak	5613	01:47.0	1	20:00.0	
Nijs	Huub	LHV40+	NON Roei	5454	01:51.0	2	20:00.0	
Maniscalco	Fabrizio	LHV40+	E.R.G. Tea	5109	01:58.0	3	20:00.0	
Kroon	Hans	LHV50+	NON Roei	5662	01:46.0	1	20:00.0	
Noord	Jan-Bas v.	LHV50+	't Diep	5495	01:50.0	2	20:00.0	
Kraak	Erik	LHV50+	De Amstel	5411	01:51.0	3	20:00.0	
Treffers	Menno	LHV50+	Beatrix	5210	01:56.0	4	20:00.0	
Ubbinck	Dick	LHV60+	Dordtsche	5191	01:56.0	1	20:00.0	
Bots	Peter	LHV60+	Dordtsche	5102	01:58.0	2	20:00.0	
Loos	Ester van	LTAD1X	ZZV	4106	02:27.0	1	20:00.0	
Vries	Tim de	LTAH1x	RIC	5333	01:53.0	1	20:00.0	
Geuzebroek	David	LTAH1x	RIC	5272	01:54.0	2	20:00.0	
Groot	Charlotte	M16	Cornelis Ti	4907	02:03.0	1	20:00.0	
Braaksma	Marieke	M16	Amycus	4701	02:08.0	2	20:00.0	
Bergen	Anne van	M16	Beatrix	4675	02:09.0	3	20:00.0	
Knaap	Manouck	M16	Pampus	4611	02:11.0	4	20:00.0	
Voskuilen	Romée	M16	Cornelis Ti	4601	02:11.0	5	20:00.0	
Uil	Judith den	M16	Cornelis Ti	4597	02:11.0	6	20:00.0	
Wust	Fenna	M16	De Amstel	4539	02:13.0	7	20:00.0	
Nijhoff	Maaïke	M16	Cornelis Ti	4512	02:13.0	8	20:00.0	
Ottens	Claartje	M16	De Amstel	4502	02:14.0	9	20:00.0	
Spaans	Naomi	M16	Alkmaarsc	4476	02:15.0	10	20:00.0	
Meijer	Annerenee	M16	Pampus	4467	02:15.0	11	20:00.0	
Essen	Caitlin van	M16	Cornelis Ti	4443	02:16.0	12	20:00.0	
Ketting	Els	M16	Pampus	4441	02:16.0	13	20:00.0	
Veldhuis	Eline	M16	Amycus	4430	02:16.0	14	20:00.0	
Zaal	Joelle	M16	De Amstel	4425	02:16.0	15	20:00.0	
Roijngoudt	Kimmy	M16	Cornelis Ti	4405	02:17.0	16	20:00.0	
Steensma	Nienke	M16	Pampus	4376	02:18.0	17	20:00.0	
Lukas	Naomi	M16	Cornelis Ti	4261	02:21.0	18	20:00.0	
Mourits	Annet	M16	Cornelis Ti	4116	02:26.0	19	20:00.0	
Termeulen	Eva	M18	Cornelis Ti	4886	02:03.0	1	20:00.0	
Veling	Lisanne	M18	Gouda	4823	02:05.0	2	20:00.0	
Pronk	Lotte	M18	Cornelis Ti	4795	02:06.0	3	20:00.0	
Kuijpers	Juliëtte	M18	Beatrix	4722	02:08.0	4	20:00.0	
Bloemendal	Marit	M18	Beatrix	4619	02:10.0	5	20:00.0	
Emke	Helga	M18	Cornelis Ti	4548	02:12.0	6	20:00.0	